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INTRAMUSCULAR STIMULATION CONSENT FORM

Intramuscular Stimulation (IMS) uses a fine and flexible needle to release shortened bands of muscle caused by abnormal functioning of the nervous system. No drugs are injected.

IMS is a valuable treatment for chronic pain. Like any medical procedure, there are possible complications. While these complications are rare in occurrence, they are real and must be considered prior to giving consent to the procedure.

Any time a needle is used; there is a risk of infection. Nanaimo Physiotherapy Clinic uses new disposable sterile needles and infection is rare. A needle may be placed inadvertently in an artery, nerve or vein. If an artery is punctured with the needle, a hematoma (or bruise) will develop. If a nerve is punctured, it may cause parasthesia (a prickling sensation) which may continue for days. _

When a needle is placed close to the chest wall, there is a rare possibility of a pneumothorax (air in the chest cavity). Fortunately all these complications are not fatal and readily reversible.

IMS may cause an increase in pain for one or two days, followed by an improvement in the overall pain state. The increased pain is related to overactive shortened muscle bands that have not been released.

A surgical gown is provided; however, for a proper and thorough examination this gown may be opened up or removed by the practitioner.

Patients are requested to inform practitioners about conditions such as pregnancy, pace makers or the use of blood thinners **prior to treatment.**

All accounts must be settled on the day of treatment.

The cost of an IMS appointment at Nanaimo Physiotherapy Clinic is as follows:

- Private Physiotherapy: IMS/Dry Needling ... \$65.00
- MSP Premium Assistance Office Fee ... \$42.00
- ICBC Office Fee ... \$35.00

For more information about Intramuscular Stimulation (IMS) please visit <http://www.istop.org>.

Nanaimo Physiotherapy Clinic requires twenty four hours notice for all appointment cancellations. **If twenty four hours notice of cancellation is not received the patient will be charged the full cost of the appointment.** Late arrivals that occur ten minutes or more into a scheduled appointment may be rescheduled at the clinic's discretion and the missed appointment fee may be levied at this time.

I have read the above and agree that I understand the risks involved in IMS therapy. I consent to examination/ treatment at Nanaimo Physiotherapy Clinic.

I **also** authorize Nanaimo Physiotherapy Clinic to obtain medical records regarding my condition.

Date: _____

Date: _____

Print Name: _____

Print Name: _____

Signature: _____

Parent/Guardian: _____